



Pole Vault Weight Verification
2019

School:

NAME OF VAULTER	WEIGHT*	POLE RATING

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***INCLUDES FULL COMPETITOR UNIFORM AND FOOTWEAR**

Signature of Coach

Date

Signature of Athletic Director

Note to School Officials

- **Rule 7-5-3**
The competitor's weight shall be at or below the manufacture's pole rating. The manufacturer must include on each pole: the pole rating that shall be a minimum of 3/4 inch in a contrasting color located within or above the top handhold position; a one-inch circular band indicating the maximum top hand-hold position being determined by the manufacturer. Prior to competition the coach must verify that all of the school's pole vaulters and poles meet these requirements.
- **Rule 7-4-4**
A competitor shall not use a variable weight pole, a pole which is improperly marked or a pole rated below his/her weight, or any other equipment that is not legal during warm-up or competition. **NOTE:** Altering the pole in any fashion renders it illegal.