

NATIONAL FEDERATION OF STATE
HIGH SCHOOL ASSOCIATIONS



NEWS RELEASE

NFHS Coach Education Program Updates “Fundamentals of Coaching” Course

FOR IMMEDIATE RELEASE

Contact: Tim Flannery

INDIANAPOLIS, IN (April 24, 2013) — The National Federation of State High School Associations (NFHS) Coach Education Program has released an update to its flagship course – “**Fundamentals of Coaching**” – which is now available at www.nfhslearn.com.

Continuing with the NFHS’s desire to provide coaches with up-to-date resources and the opportunity to become better teacher-coaches, the NFHS has updated the “**Fundamentals of Coaching**” course originally produced in 2007.

Tim Flannery, director of coach education at the NFHS, said the new course content addresses topics such as social media.

“If you wind the clock back six years ago, social media is not what it is today,” Flannery said. “That has changed the landscape for the coaches and the kids.”

Not only will users find additional and updated content, but the look of the online course has changed as well. Flannery said that the screen is larger and now includes additional exercises, including allowing coaches the opportunity to reflect on their current practices. The course is also available to be taken on mobile devices.

Flannery said one of the goals of the Coach Education Program is to emphasize the importance of ongoing professional development for coaches.

“If professional development became each coach’s goal, it would change the culture of coaching and provide a more positive sport experience for students who participate,” Flannery said.

The NFHS Coach Education Program offers 33 online courses, including the two core courses – “Fundamentals of Coaching” and “First Aid, Health and Safety for Coaches.” The NFHS also offers 14 sport-specific courses and 17 elective courses, including eight that are free.

All NFHS Coach Education Program courses are available at www.nfhslearn.com.

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This press release was written by Jason Haddix, a 2013 spring intern in the NFHS Publications/Communications Department. He is a senior at Indiana University-Purdue University Indianapolis studying journalism and medical imaging.

About the National Federation of State High School Associations (NFHS)

The NFHS, based in Indianapolis, Indiana, is the national leadership organization for high school sports and performing arts activities. Since 1920, the NFHS has led the development of education-based interscholastic sports and performing arts activities that help students succeed in their lives. The NFHS sets direction for the future by building awareness and support, improving the participation experience, establishing consistent standards and rules for competition, and helping those who oversee high school sports and activities. The NFHS writes playing rules for 16 sports for boys and girls at the high school level. Through its 50 member state associations and the District of Columbia, the NFHS reaches more than 19,000 high schools and 11 million participants in high school activity programs, including more than 7.6 million in high school sports. As the recognized national authority on interscholastic activity programs, the NFHS conducts national meetings; sanctions interstate events; offers online publications and services for high school coaches and officials; sponsors professional organizations for high school coaches, officials, speech and debate coaches, and music adjudicators; serves as the national source for

interscholastic coach training; and serves as a national information resource of interscholastic athletics and activities. For more information, visit the NFHS Web site at www.nfhs.org.

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